



Certificate in Holistic Integrated Creative Arts Therapy (HICAT) – Online



Turn Your Creative Spark into a Healing Career

If you've ever felt drawn to helping others but didn't want a clinical path — or if you're already in the wellness space and want to deepen your toolkit — HICAT offers a powerful, joyful way forward.

This course integrates art therapy principles with holistic practices, empowering you to guide others through emotional healing, personal development, and transformation using creativity and play.

This internationally industry-accredited course is your opportunity to blend art, dance, drama, sculpture, sand-play, sound therapy, music, movement, meditation, storytelling, and more into a transformative healing modality that supports others — and deeply enriches your own life.

What Makes HICAT Unique?

Unlike many online “art therapy” or “creative wellness” courses, HICAT is:

- **Comprehensive, Multi-Modality Training**
You’ll explore creative arts therapy, sound healing, movement, drama, meditation, sand play, mask making, journaling, and more — all in a trauma-sensitive, client empowering way.
- **No Need for a Psychology Degree**
Unlike clinical art therapy pathways that require years of university study, HICAT offers an accessible yet professional path into therapeutic work through holistic and creative approaches.
- **Flexible Career Options**
Run your own private sessions, teach classes and workshops, run retreats, work with children or elders, support trauma survivors, or integrate HICAT into other practices like yoga, education, social work, or coaching.
- **Create Financial Security While Helping Others**
HICAT gives you the tools to build a self-employed business that reflects your passions. You choose how to work, where, and with whom — and you determine your income. There are so many avenues to diversify and grow a stable, meaningful business.
- **Support That Empowers You**
With live classes, a rich online learning portal, downloadable client tools, a supportive community, and expert guidance — you’re never alone. And we keep supporting you after graduation with business mentoring, resources, and a growing practitioner network.
- **Fully industry-accredited** — you’ll graduate with a recognised qualification.
- **Eligible for professional insurance and industry association membership.**

Accreditation That Opens Doors

This course is internationally industry accredited by the **International Institute for Complementary Therapists (IICT)** and other peak bodies. This means:

- You're eligible for **professional indemnity and public liability insurance**
- You can legally practice as a **Holistic Creative Arts Therapist** in Australia and many other countries
- You can join **industry associations** for professional credibility
- Your clients, employers, and community will see your qualification as professional and trustworthy

Far too many students finish "courses" that don't qualify them to work, can't get insurance, or are rejected by associations. This course protects your time and investment by ensuring you have everything you need to succeed.



A Career That's Creative, Healing, and Impactful

After graduating, you'll be qualified to:

- Offer 1:1 or group creative therapy sessions.
- Create and deliver your own wellbeing programs or workshops.
- Work with children, adults, the elderly, or those experiencing trauma or stress.
- Run retreats, support groups, or online programs that change lives.

This work is especially rewarding for those who feel a deep calling to help others but don't want to work within rigid medical systems or pursue years of university study.

Holistic Integrated Creative Arts Therapy (HICAT)

Are you ready to create a career you love?



AVERAGE ANNUAL SALARY

\$73,420

EXPERIENCED THERAPISTS EARNING UP TO

\$100,000

as of July 2025, if employed



500

CREATIVE ART THERAPIST POSITIONS
ADVERTISED ANNUALLY ACROSS AUSTRALIA



as of July 2025

ACCREDITED & INDUSTRY-RECOGNISED

Our Graduates are eligible to join the International Institute for Complementary Therapists (IICT) + other International Associations

Access professional indemnity & public liability insurance

All MBE graduates receive an exclusive discount on IICT membership!



AVERAGE ANNUAL TUITION FEE FOR BACHALOR PROGRAMS

\$40,000

OUR INDUSTRY ACCREDITED,
INTERNATIONALLY AWARD WINNING
ONINE PROGRAM FULL COURSE FEE



\$2,200

as of July 2025. Includes GST. Payment plans available



**PREMIER
TRAINING PROVIDER**

INTERNATIONAL INSTITUTE FOR
COMPLEMENTARY THERAPISTS



Work For Yourself, On Your Terms

HICAT graduates are empowered to create businesses that are:

- **Flexible** – choose your hours, your clients, and your niche.
- **Sustainable** – set your own rates and design your offerings.
- **Purposeful** – every session you deliver supports healing, growth, and joy.

You can build your business gradually or launch into full-time practice — the choice is yours.

You're Supported at Every Stage

Mind Body Education is known for its heart-centred, student-focused support. During and after the course, you'll receive:

- Weekly Zoom classes (optional) and all sessions recorded.
- Direct tutor support for questions and guidance.
- Business templates, client tools, and legal checklists.
- Post-graduation mentoring and connection to a global community of graduates.

This course changes lives — starting with yours.

Fast Facts

Course Duration:

- 6 months - Full-time - 10 hours of study per week OR
- 1 year - part-time - 10 hours of study per fortnight
- 20 Modules = 200 hours of study
- Payment plans and financial aid study grants available
- Industry approved training
- No previous experience or qualifications required

Explore course fee options and next course commencement dates at:

<https://mindbodyeducation.info/holistic-integrated-creative-arts-therapy-online>

Please do not hesitate to contact us if you need further information or assistance deciding if this course will suit you.

Phone us: 0429 892 840

Email:

contact@mindbodyeducation.info